



## Youth Mental Health Programme Facilitator (x2 posts)

<b>Reports to:</b>	Community Engagement Coordinator		
<b>Hours:</b>	0.4FTE, 12 month contract (possibility of extension)	<b>Salary:</b>	£25,419 FTE (£10,167.60 actual)
<b>Position base:</b>	99 Station Road, Didcot, OX11 7NN	<b>Benefits:</b>	Contributory pension scheme, 25 days annual leave plus bank holidays (pro rata)

We're looking for two Facilitators to join our growing team, delivering our suite of mental health programmes to children, young people and their supporting adults across Oxfordshire. There may also be opportunities to develop new programmes and materials. We're looking for an **Expert by Training**, drawing on their professional expertise, and an **Expert by Experience** who has lived experience of their own to draw on. The new Facilitators will work in partnership with our existing Facilitators to increase capacity and strengthen our team.

### About the Discovery College

We're a small youth mental health charity with big ideas, drawing from the international Recovery College model to create something new and innovative. We support children and young people with their mental health and wellbeing by helping them to learn about what's happening to them. They share experiences and develop skills and tools to stay well, and we support the adults around them to better understand too. We're all about peer learning – nothing clinical, no talking therapies, just exploring and finding ways to manage together. All of our programmes are co-produced - this means that they're designed and delivered by both people with professional expertise and people with lived experience of mental health problems or of being a carer.

### About the role

As one of our core Facilitators you'll play a key role in expanding our reach across the county and bringing vital mental health support to children and young people. You will be jointly responsible for recruiting participants, delivering sessions, and compiling evaluation data. If we identify a need for a new programme to be developed, there may also be the opportunity to co-produce new interactive and engaging programme content.



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## Why work for us?

We're at a pivotal time in our growth as an organisation and this role plays a crucial part in steering our development moving forward – if you want to innovate and create change, this is the place to be! We provide a contributory pension scheme, regular supervision, and a friendly and supportive team.

## Specifics of the role:

- Deliver our suite of programmes on a rolling basis throughout the year, facilitating powerful learning experiences and peer support opportunities.
- Work with local partners to advertise programmes and recruit participants, ensure group needs are met, and student support runs smoothly.
- Be a trusted adult for participants, developing good working relationships, actively listening, and helping them to get the most from their programme experience.
- Carry out administrative tasks related to programme planning and delivery, including filing consent forms and ordering resources.
- Implement our evaluation process to gather impact data and feedback to meet reporting requirements and inform future development.
- Where appropriate and comfortable, share parts of your own lived experience and recovery journey, as a lived experience role model.
- Work closely with the Coordinator and CEO to ensure that work is delivered in line with funder's expectations and the Discovery College model and vision.
- Adhere to and work within relevant policies, processes and procedures of Oxfordshire Discovery College.
- Engage in regular supervision and professional development opportunities.
- Uphold the values and ethos of the Discovery College in all aspects of the work.

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## Person Specification

We're looking for two Programme Facilitators who can work closely with each other as well as with our existing Facilitator team to draw upon a combination of lived experience and professional expertise.

**The Expert-by-Experience** staff member will have lived experience of youth mental health problems, either as a parent/carer for a young person or your own lived experience as a child/teenager. **The Expert-by-Training** staff member will have professional expertise in a relevant field such as youth work, clinical, or therapeutic work.

We understand that applicants may have skills and experience in both areas and encourage applicants to apply for the role that best fits, or for both! Our dream-team will be passionate about empowering young people, knowledgeable about mental health, and will be able to build rapport quickly and collaborate well.

## Essential Criteria

- Good understanding and knowledge of mental health and wellbeing in young people
- Lived experience of youth mental health problems, as outlined above (**Expert-by-Experience Only**)
- Professional expertise in a relevant field, eg: teaching, sports coaching, counselling (**Expert-by-Training Only**)
- Relevant qualifications (eg: clinical psychology, counselling, youth work, sports coaching, teaching) (**Expert-by-Training Only**)
- Excellent communication (both written and verbal) and listening skills
- Ability to be assertive, engaging and co-facilitate a small group of young people
- Empathetic, with fantastic ability to build good working relationships with participants and partners
- Commitment to principles of recovery and wellbeing
- Ability to model maintenance of wellbeing and, where relevant, demonstrate being in a place of recovery
- Good computer literacy
- Ability to work under your own initiative and manage your workload
- Ability to think creatively and be flexible
- Teamwork skills, and willingness to work collaboratively, to co-produce and co-deliver programme content

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## Desirable Criteria

- Experience of working directly with children with mental health problems in clinical or non-clinical settings, in a paid or voluntary capacity
- Understanding of child and adult safeguarding
- Experience of creating learning activities/materials for young people
- Personal lived experience of mental health problems as a child or young person, or as a parent or carer for a child or young person with a mental health problem
- Experience of evaluating impact, and collecting and processing feedback

## Application Details

- Please send CV and Covering letter to [leila@oxfordshirediscovery.co.uk](mailto:leila@oxfordshirediscovery.co.uk)
- Closing date for applications is **Wednesday 29th November 2023 at 9am.**
- Interviews will take place in Didcot on **Friday 8th December 2023.**

**Please specify in your application whether you're applying for the Expert-by-Training role or Expert-by-Experience role (or both!).**

## Other Information

The role includes delivery at various locations across Oxfordshire, with an office location in Didcot. You will need to be able to commute around Oxfordshire as required for delivery and therefore a valid driving licence and access to a vehicle are desirable.

**Any offer of employment is subject to a satisfactory DBS check.**

If you'd like to discuss the role before applying, please email [leila@oxfordshirediscovery.co.uk](mailto:leila@oxfordshirediscovery.co.uk)

*This job description may change over time in line with the needs of the organisation, subject to discussion with the post holder.*

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